THE INDEPENDENT AMERICAN GARDENER

TIAG FIELD CARD 01

Dinner to Dirt



Work backward from the meals your family already eats.

TABLE > INGREDIENT > GROUND > ONE NEXT STEP

01 Start at the table

Ask the kids which dinners show up every week.

Meal 1 _____ Meal 2 _____ Meal 3 _____

02 Pick one thing to grow

Circle an ingredient in one of those meals.

Our ingredient _____ Our spot or someone else's garden _____

03 Make it fit a busy week

Start with a pot, one row, or one job in a shared garden.

How we'll get water there _____ Who can help care for it _____

One free thing we'll do this week _____

FOOD / WATER / SHELTER / SURPLUS

Find the free Independence Starter Kit.

tiag.app/start

THE INDEPENDENT AMERICAN GARDENER

TIAG FIELD CARD 02

One Ask, One Offer



Start a conversation with someone who grows food where you live.

ONE PROJECT > ONE QUESTION > ONE SMALL EXCHANGE

01 Name the project

Give your town or county and one thing you're trying.

I'm working on _____

02 Make one small ask

Ask about a variety, timing, water, or a place to help.

Could you help me with _____

03 Offer something you can do

A spare seed packet, a repair, or a hand on a workday.

I can offer _____ I'll ask _____

No TIAG nearby? Try a neighbor, seed swap, public library, or county Extension office.

FOOD / WATER / SHELTER / SURPLUS

Find the free Independence Starter Kit.

tiag.app/start

THE INDEPENDENT AMERICAN GARDENER
TIAG FIELD CARD 03

30-Day Fridge Checklist



Plan one small growing project in four 20-minute family sessions.

WALK THE YARD > ASK LOCALLY > TEST THE CHORE > MAKE A PLAN

- ☐ WEEK 1 **Pick one food and walk the yard.**
  Kids mark sun and water. No growing space? Plan one job in an existing garden.
- ☐ WEEK 2 **Ask one local grower what to plant and when.**
  Kids pick the question. Try a neighbor, library, or Extension if the Globe is empty.
- ☐ WEEK 3 **Test the water route with what you already own.**
  Kids find a free fix or list the missing item. In freezing weather, walk it dry.
- ☐ WEEK 4 **Write a plan small enough to keep up.**
  Kids name the crop, spot, start date, helper, and meal.

Our crop, spot, and start date

Our helper and the meal we'll make

FOOD / WATER / SHELTER / SURPLUS
Find the free Independence Starter Kit.

tiag.app/start

THE INDEPENDENT AMERICAN GARDENER
TIAG FIELD CARD 04

Repeat, Repair, or Hold



A season-end decision for the one thing your family tried.

COUNT THE MEALS > NAME THE SNAG > CHOOSE WHAT'S NEXT

REPEAT
We ate it, and the care fit our busiest weeks.

REPAIR
We want to try again with one change to make it easier.

HOLD
We're still missing the time, space, water, or materials.

Meals our harvest contributed to

The job that took the most time

Who else learned to do it

What we'd change

Our call: repeat, repair, or hold

One small next step

FOOD / WATER / SHELTER / SURPLUS
Find the free Independence Starter Kit.

tiag.app/start